

# HEALTH CLUB

## Activity Report - Apr 2023

### **Special Assembly on 'World Health Day'**

**Date: 7<sup>th</sup> April, 2023**

**Venue: Department of Education, SXC, Ranchi**

The special assembly is conducted under the guidance of Dr. Nilima Jyotsna Toppo. It was held on 7<sup>th</sup> April 2023 on the occasion of "World Health Day" in B.Ed. department by the members of Health Club. The theme for day was 'Health for All'. The Assembly included morning prayer, prayer song, verse, some updated news about health, moral story, speech which was related to benefits of health and thought of the day. All the students took pledge to keep themselves healthy and eat balanced diet.

Reverend Fr. Dr. Florence Purty, S.J. Head of department of Education gave a brief significance about health and told the students to put their health in first priority and motivate students to do regular physical exercise, eat healthy food and maintain relation with others, which are beneficial for our physical and mental health.

